



## Taubenstein hiking trails

### 1 Mountain station Taubenstein – Lochgraben – base station Medium – Walking time 1,5 hrs.

When leaving the Taubenstein mountain station, walk left towards Aiplspitz and then down towards Oberen Lochgraben. After about 900 m, cross the forest road, then walk over a small wooden bridge along the cable car down to the valley station.

### 2 Mountain Station Taubenstein – Maxrainer Almen – base station Easy to medium – Walking time 2 hrs.

When leaving the Taubenstein mountain station, turn right over the meadow slope, downhill to the Obere Maxrainer Alm along the ski lift to the valley station. The gravel road takes you to the forest road to the town of Spitzingsee.

### 3 Panorama trail Rotwand Easy to medium – Walking time 3 to 3,5 hrs.

From the Taubensteinbahn mountain station, hike uphill past the playground to the crossroads behind the Taubenstein. From here, continue half left over the entire ridge of the Lempersberg. At the fork in the path, turn left to the Rotwand summit, at 1,884 m the highest mountain in the Mangfall Mountains, and with a wonderful view of the Central Alps. Descend south to the Rotwandhaus. From there, take the road downhill to the town of Spitzingsee.

### 3a Taubenstein summit Demanding – Walking time 20 min.

From the Taubensteinbahn mountain station, hike uphill past the playground to the crossroads behind the Taubenstein. From here, turn right onto a path with rope protection to the summit at 1,692 m. Short but challenging. The path requires surefootedness and a head for heights. At the mountain station and from the summit of the Taubenstein, the view extends to the Zillertal Alps in the south and the Zugspitze in the west.

### 3b Loop: Taubenstein – Rotwand – Miesing – Mountain Station Easy to medium – Walking time 4 hrs.

The classic circular tour around the Rotwand (Rotwand Reibn). From the Taubensteinbahn mountain station to the Rotwandhaus as described below 3. Shortly before the Rotwandhaus at the signposted crossroads, hike left to the Kumpflscharte, then left downhill to the Großtiefenthaler Almen. From here left uphill to the Miesingsattel, right through mountain pine fields to the Hochmiesing at 1,883 m. The same route back to the Miesingsattel and right downhill to the Kleintiefenthaler Almen and then left uphill to the Taubensteinhaus. From the Taubensteinhaus back to the Taubenstein mountain station.

### 3c Rotwand – Pfanngraben – to the town of Spitzingsee Easy to medium – Walking time 3,5 to 4 hrs.

As in 3b hike to the crossroads in the direction of Kumpflscharte. Here, turn right down to the Kumpflalm, along the stream past the Petzingalm to the Waitzinger Winterstube (bus stop). From there, continue on foot or by bus via the forest road back to the town of Spitzingsee.

### 4 Mountain station Taubenstein – Rauhkopf – base station Easy to medium – Walking time 2,5 hr.

From the exit of the Taubenstein mountain station, walk left past the Lochgraben lift, up the narrow path to the Rauhkopf summit at 1,689 m. From the summit, walk down along the ridge to the crossroads, then turn left down to the Schönfeld Almen and the Rauhkopf hut. From there, the road leads downhill, past the reservoir, as in 1 over the Unterer Lochgraben to the Taubenstein base station.

### 4a Taubenstein – Rauhkopf – Aiplspitz – Jägerkamp – base station Mittel bis schwer – Gehzeit 3,5 bis 4 Std.

From the Taubenstein mountain station to the crossroads as described below 4. At the crossroads, go straight up to the Schnitlauchmoos Alm. From here, go right over the Tanzeck to the Aiplspitz (1,759 m). This path is partially secured with steel cables - you should be sure-footed and not afraid of heights. Back to the Schnitlauchmoos Alm, then right uphill to the Benzingspitz (1,735 m) and further to the Jägerkamp (1,746 m). To descend, take the same path back about 600 m, then right downhill to the Obere Schönfeld Alm. On the road, go to the Untere Schönfeld Alm and the Rauhkopfhütte, past the Stauweiher as under 1 over the Unterer Lochgraben to the Taubenstein base station.

## The region's 1st alpine premium trail!

### Premium hiking trail from the Stümpfling mountain station and Suttentbahn

#### 10 Alpine premium trail: Spitzing Panorama For sure-footed & fit hikers - Walking time 5 hrs., length 9.8 km

Start at the Jagahütt'n and follow the signs towards Firstalmen. After a short descent over the Stümpfling you come to the actual circular hiking trail (Suttentstein). Straight ahead it goes to the Bodenschneid, turn right here towards the lower Firstalm. Past the lower Firstalm to the upper Firstalm and follow the path towards Brecherspitze. After a tough climb up to a height of 1,600 m, hike on the ridge to the left (do not continue to the Brecherspitze) and follow the path to the chapel. In front of the chapel the path goes left down towards Freudenreich-Alm. Cross the path here and continue straight on to the Bodenschneidhaus. Now go steeply uphill again to the Bodenschneid. From here you go downhill to the Suttentstein, continue along the path to the Jagahütt'n and either take the train or the mountain carts into the valley.

## Mountain cart track and hiking trails from the Stümpflingbahn base station

### 5 Stümpfling – Spitzingsee Mountaintrestrecke: Der Downhillspaß am Spitzingsee! Verleih an der Bergstation.

### 6 Base station Stümpflingbahn – Grünsee – Roßkopf – mountain station Stümpflingbahn Easy to medium – Walking time 2,5 hrs.

The trail starts at the valley station (looking towards Valepper Alm) at the left end of the car park, walk past the Bergasthof Roßkopf and onto the hiking trail on the right. After about 20 minutes of walking, turn right onto a forest path towards Roßkopf/Grünsee. Via the Haushamer and Wallenburger Almen up to the Roßkopf. From here, descend again to the mountain station of the Stümpfling and Suttentbahn, with the option of a cozy stop at the Jagahütt'n.

### 6a 3-summit-trail: Stolzenberg – Rotkopf – Roßkopf Easy to medium – Walking time 3,5 hrs.

As described below 6 to the Haushamer Almen. From here left onto the Stolzenberg, further over the Rotkopf to the Roßkopf summit with a fantastic view.

### 7 Stümpfling parking area via the base station of the curve lift to the Stümpflingbahn / Jagahütt'n mountain station Easy to medium – Walking time 2 hrs.

From the Stümpflingbahn car park, walk a bit along the road towards the lake, then turn left downhill along the lake on the Lyraweg to the Kurvenlift. At the Kurvenlift, follow the Kratzerweg, a road in the Firstgraben, uphill towards Untere Firstalm at an altitude of 1,318 m. From the Nordhanglift, walk uphill along a path to the 1,506 m high Stümpfling. Continue slightly downhill towards Jagahütt'n at the mountain station of the Stümpflingbahn.

### 7a Obere Firstalm – Bodenschneid – Stümpfling Medium – Walking time 2,5 hrs.

As described under 7 to Untere Firstalm, from here turn left towards Obere Firstalm. There keep left over the Krettenburg rock ridge to the Bodenschneidhaus junction. Continue left at the junction and hike uphill to Bodenschneid (1,669 m). Then continue downhill towards Suttentstein. From here continue as described below 7.



## Downhill fun at Spitzingsee!

# Mountincarts

Mountain carts are a type of go-cart for the mountains, which take you downhill on designated routes. The route at Spitzingsee is around 3.5 km long and runs from the mountain station of the Stümpflingbahn on the forest path to the Stümpfling base station



### Short pleasure-tour

#### Bergstation Suttentbahn – Roßkopf – Bergstation Suttentbahn Easy – Walking time 1 h.

At the Suttentbahn mountain station, turn right onto the forest road past the Roßkopf Almen to the Roßkopf (1,580 m). On the same route you return to the mountain station and the Jagahütt'n. From the Roßkopf summit cross you have a view of the Tegernsee valley. The view from the summit includes the mountains in the immediate vicinity such as Wallberg, Risserkogel, Blauberge, Halser-spitz, Guffert and the Bavarian and Austrian Schinder.

The Loop around the Spitzingsee takes you to the base stations of the Taubenstein cable car and the Stümpfling chairlift.

Suttent 4-seater chairlift from Rottach-Egern  
only in winter operation



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## HIKING PANORAMA

### ACTION, FUN & NATURE

# Mountain summer at Spitzingsee!

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- A Taubenstein cable car
- B Stümpfling 4seater chairlift
- C Suttent 4-seater chairlift (nur Winterbetrieb)
- Children's playground
- „Fleckerl“ Marble track



**Hiking tip Suttent (Rottach-Egern)**